

SWEET LIKE COLA

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MUSIC: "Sweet Like Cola" (Single Version) by Lou Bega
SOURCE: i-Tunes single download **TOTAL TIME:** 3:23
RHYTHM: Cha Cha **DIFFICULTY:** Average
PHASE (+): III+1 (Alemana)
FOOTWORK: Opposite unless indicated [*W: Woman's footwork in italics*]
SEQUENCE: Intro A B A B C Bridge B(Mod) Ending

Introduction

Start in Open Position facing LOD with lead foot free. Wait past "Excuse me, can I have your attention please for one more time?", and 2 measures.

1 – 8 WAIT 2 MEASURES;; CIRCLE AWAY & TOGETHER & CHA; ; NEW YORKER; UNDERARM TURN; HAND TO HAND TWICE;;

- 1 - 2 [Wait] Open Position facing LOD wait 2 measures; ;
3 - 4 [Circ awy & tog] Circle away fwd L, R, fwd L/cl R, fwd L; cont circle together fwd R, L fwd R/cl L, fwd R fc to low Bfly Wall;
5 [New Yorker] Ck thru L RLOD, rec R trn LF (*RF*), sd L/cl R, sd L fc Wall;
6 [Underarm Turn] Raising jnd ld hnds trn slightly RF XRIB, rec L, sd R/cl L, sd R;
(*XLIF under jnd ld hnds comm ½ RF trn, rec R cont trn to fc ptr, sd L/cl R, sd L*);
7 - 8 [Hand To Hand] Swvl LF (*RF*) bk L, rec R trn RF (*LF*), sd L/cl R, L fc Bfly Wall; Swvl RF (*LF*) bk R, rec L trn LF (*RF*), sd R/cl L, sd L fc Bfly Wall;

9 – 12 BASIC;; FENCE LINE IN 4; SIDE DRAW CLOSE;

- 9 - 10 [Basic] Fwd L, rec R, sd L/cl R, sd L; bk R, rec L, sd R/cl L, sd R;
11 [Fence Line In 4] Soften R knee ck fwd XLIF (*XRIF*), rec R slight trn LF, sd L, cl R;
12 [Sd Draw Close] Sd L, draw R, cl R, -;

Part A

1 – 8 START CHASE (TANDEM BOTH FACE WALL);; CUCARACHA 2X;; FINISH CHASE; ; SPOT TURN 2X ; ;

- 1 - 2 [Start Chase] Fwd L commence RF turn 1/2, rec R, fwd L/cl R, fwd L; fwd R commence LF turn 1/2, rec L, fwd R/cl L, fwd R ending tandem Wall; (*Bk R rec L, fwd R/cl L, fwd R; fwd L comm RF turn 1/2, rec fwd R, fwd L/cl R, fwd L ending tandem Wall*)
3 - 4 [Cucaracha 2X] Press sd L, rec R, cl L/step in place R, step in place L; Press sd R, rec L, cl R/step in place L, step in place R;
5 - 6 [Finish Chase] Fwd L, rec R, bk L/cl R, bk L; Bk R, rec L, fwd R/cl L, fwd R; (*Fwd R comm LF turn 1/2, rec fwd L, fwd R/cl L, fwd; fwd L, rec R, bk L/cl R, bk L;*)
7 - 8 [Spot Turn 2X] XLIF comm RF trn 1/2, cont RF trn rec R to fc ptr, sd L/cl R, sd L; XRIF comm LF trn 1/2, cont LF trn rec L to fc ptr, sd R/cl L, sd R fc Bfly Wall; (*XRIF comm LF trn 1/2, cont LF trn rec R to fc ptr, sd R/cl L, sd R; XLIF comm RF trn 1/2, cont RF trn rec R to fc ptr, sd L/cl R, sd L;*)

9 – 16 1/2 BASIC; UNDERARM TURN ; REVERSE UNDERARM TURN; CUCARACHA; 1/2 BASIC; FENCE LINE 2X; ; SPOT TURN ;

- 9 [1/2 Basic] Fwd L, rec R, sd L/cl R, sd L;
10 [Underarm turn] Raising jnd ld hnds trn slightly RF XRIB, rec L, sd R/cl L, sd R; (*XLIF under jnd ld hnds comm ½ RF trn, rec R cont trn to fc ptr, sd L/cl R, sd L*);
11 [Reverse Underarm turn] Raising jnd ld hnds trn slightly LF XLIF, rec R, sd L/cl R, sd L; (*XRIF under jnd ld hnds comm ½ LF trn, rec L cont trn to fc ptr, sd R/cl L, sd R*);

REPEAT PART B(MOD)**1 - 14 REPEAT PART B UP TO COUNT 14****15 – 16 NEW YORKER; WHIP (*option: WITH A TWIRL):**

- 15 [New Yorker] Ck thru L RLOD, rec R trn LF (*RF*), sd L/cl R, sd L;
 16 [Whip] Bk R trng 1/4 LF, rec fwd L, cont trng 1/4 LF, sd R/cl L, sd R (fc COH) (*fwd L twd M's L sd, fwd R trng 1/2 LF, sd L/cl R, sd L*);
 *OP : Bk R trn 1/4 LF, rec fwd L cont trn 1/4 to fc, with M's L and W's R hnd jnd sd and fwd R toward RLOD/rec L to fc, sd R (W fwd L outsd M on his L sd, fwd R trng 1/2 LF, under M's L & W's R hnds twirl 1 full LF trn sd & fwd L/R, sd L to BFLY);

ENDING**1 - 2 NEW YORKER; CHECK THROUGH:**

- 1 [New Yorker] Ck thru L LOD, rec R trn LF (*RF*), sd L/cl R, sd L fc COH;
 2 [Check through & freeze] Ck thru R (to RLOD) & freeze (the same as a regular first count of a New Yorker.)