

Nice & Easy

Choreographers: Casey & Sharon Parker
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Rhythm & Phase: FXT/JV - III+1 (Diamond Trn)
Music: Nice & Easy, by Michael Buble (3:04 length)
download itunes, from the album "Come Fly With Me"
Speed: Slowed 6% (approx 43 rpm)
Sequence: Intro - A - B - C - C - B (1-8) - A - End

email: trustme@pacbell.net
Web Page: www.dyca.org
Difficulty: Easy

Released: Feb. 2012

vers 1.1

Introduction

1-4 Wait 2 meas;; Tog Tch; Box Finish;

- 1-2 lop fcg M fcg drw lead ft free Wait 2 meas;;
3-4 Tog L, -, Tch R, -; Bk R trng LF to dlw, -, Sd L, Cls R;

Part A

1-8 Fwd & Run 2; Manu Sd Cls; Spin Trn; Box Fin dlc; 2 LF Trns fc wall;; Whisk; Wing;

- 1-2 cp dlw Fwd L, -, Fwd R, Fwd L; Fwd R trng RF to fc rlod, -, Sd L, Cls R;
3 Commence RF body trn Bk L pivoting RF 1/2 to fc lod, -, Fwd R between W's ft cont RF trn, Sd & Bk L cp dlw (Fwd R between M's ft pivoting RF 1/2, Bk L cont trn brush R to L, Fwd R);
4-6 Bk R trng LF to fc dlc, -, Sd L, Cls R; Fwd L trng LF, -, cont Lf trn Sd R, Cls L; Cont LF trn Bk R, -, Sd L, Cls R to cp wall;
7 Fwd L, -, Fwd & Sd R begin rising to ball of ft, Cross L in bk of R cont rise scp (Bk R, -, Bk & d L begin rising to ball of ft, Cross R in Bk of L cont rise);
8 Fwd R, -, Draw L twd R, Tch L to R trng upper part of body LF with L sd stretch (Fwd W beg to cross in front of M and commence slight LF trn, -, Fwd R around M cont to trn slightly LF, Fwd L around M complete slight LF trng to end in tight scar pos);

9-12 Trn LF & Chasse bjo; Imp scp; Fwd Hvr bjo; Bk Hvr scp;

- 9 Fwd L trng LF, -, Sd R/Clis L, Sd R to bjo drc;
10 Bk L commence RF trn, -, Cls R to L [heel trn] cont RF trn, complete trn fwd L in tight scp (Fwd R between M's ft toe pivoting 1/2 RF, -, Sd & Fwd L cont trn around M brushing R to L, Complete trn Fwd R);
11 Thru R, -, Fwd L with slight rise leading W to begin LF trn to bjo, Rec Bk R to bjo dlc (Thru L, -, begin LF trn Sd & Fwd R, cont trn Rec Fwd L to bjo);
12 Bk L, -, Bk R with slight rise leading W to begin RF trn to scp, Rec Fwd L to scp (Fwd R, -, begin RF trn Sd & Fwd L, cont trn Rec Fwd R to scp);

13-16 Thru scp Chasse; Thru Fc Cls; Vine 4; Walk 2 picking up;

- 13-16 Thru R, -, Fwd L/Clis R, Fwd L; Thru R trng to fc ptr, -, Sd L, Cls R; Sd L, XRIBL (XLIBR), Sd L, XRIFL (XLIFR); scp Fwd L, -, Fwd R pickup W to cp dlc, -;

Part B

1-8 Diamond Trn 3/4 ;;; Bk Box to scar dlw; Cross Hover 3x to scp;;; Pickup Sd Cls cp lod;

- 1-3 Fwd L trng Lf, -, cont LF trn Sd Rt, Bk L ptr on outside; cont LF trn Bk R, -, Sd L, Fwd R outside ptr; Fwd L trng Lf, -, cont LF trn Sd Rt, Bk L ptr on outside;
4 Cont LF Trn Bk R, -, Sd L leading W to scar dlw, Cls R (cont LF trn Fwd L, -, Sd R to scar, Cls L);
5 Fwd L commence to rise and begin 1/4 LF trn, -, Sd & Fwd R cont to rise, diag Fwd L to bjo;
6 Fwd R commence to rise and begin 1/4 RF trn, -, Sd & Fwd L cont to rise, diag Fwd R to scar;
7 Fwd L commence to rise, -, Sd & Fwd R cont rise and begin to lead W to scp, Sd & Fwd L to scp dlc;
, Thru R leading W to trn LF, -, Sd L cp dlc, Cls R;

9-14 Prog Box;;; 2 LF Trns;;; Hover scp; Thru Chasse bjo;

- 9-12 Fwd L, -, Sd R, Cls L; Fwd R, -, Sd L, Cls R; Fwd L trng LF, -, cont Lf trn Sd R, Cls L; Cont LF trn Bk R, -, Sd L, Cls R to cp wall;
13-14 Fwd L, -, Fwd & Sd R rising to ball of ft, Rec L to tight scp; Thru R, -, trng to fc Sd L/Clis R, Sd L to bjo dlw;

15-20 Fwd Fwd/Lk Fwd; Manu Sd Cls; 2 RF Trns;;; Hvr scp; ** Thru Fc Cls; [2nd time: Pickup Sd Cls];

- 15-16 Fwd R, -, Fwd L/Lk R, Fwd L; Fwd R trng RF to fc rlod, -, Sd L, Cls R;
16-17 Bk L trng RF, -, cont RF trn Sd R, Cls L; cont RF trn Fwd R, -, Sd L, Cls R to cp wall;
18-20 Fwd L, -, Fwd & Sd R rising to ball of ft, Rec L to tight scp; ** Thru R, -, trng to fc ptr Sd L, Cls R;

**2nd time through B - meas 20: Thru R leading W to pickup to cp lod, -, Sd L, Cls R;

Part C

1-6 Box;; Sd Tch & Rt Chasse; scp Rk Bk Rec Run 2; 2 Fwd Triples; Swivel 4;

1-2 cp wall Fwd L, -, Sd R, Cls L; Bk R, -, Sd L, Cls R;

3-4 Sd L, Tch R, Sd R/Cls L, Sd R; trng to scp lod Rk Bk L, Rec R, Fwd L, Fwd R;

5-6 Fwd L/Cls R, Fwd L, Fwd R/Cls L, Fwd R; with swiveling action Fwd L, Fwd R, Fwd L, Fwd R;

5-8 Fwd Tch & Bk Triple; ** Rk Bk Rec to fc Sd Cls; [2nd time: Rk Rec Walk Pickup;]

7-8 Fwd L, Tch R, Bk R/Cls L, Bk R; Rk Bk L, Rec R to fc ptr, Sd L, Cls R;

***2nd time through C - meas 8: Rk Bk L, Rec R. Fwd L, Fwd R leading W to pickup to cp lod*

Ending

1-8 Diamond Trn dlc;;; 2 LF Trng to fc wall;; Slow Hover;~ Slow Chair & Hold;

1-4

Fwd L trng Lf, -, cont LF trn Sd Rt, Bk L ptr on outside; cont LF trn Bk R, -, Sd L, Fwd R outside ptr; Fwd L trng Lf, -, cont LF trn Sd Rt, Bk L ptr on outside; cont LF trn Bk R, -, Sd L, Fwd R outside ptr; cont LF trn Bk R, -, Sd L, Fwd R outside ptr bjo dlc;

5-6 Fwd L trng LF, -, cont Lf trn Sd R, Cls L; Cont LF trn Bk R, -, Sd L, Cls R to cp wall;

7-8 Fwd L, -, Fwd & Sd R rising to ball of ft, -; Rec L to tight scp, -, lunge Thru R, -;

Introduction

1-4 Wait 2 meas;; Tog Tch; Box Finish;

Part A

1-8 Fwd & Run 2; Manu Sd Cls; Spin Trn; Box Fin dlc; 2 LF Trns fc wall;; Whisk; Wing;

9-12 Trn LF & Chasse bjo; Imp scp; Fwd Hvr bjo; Bk Hvr scp;

13-16 Thru scp Chasse; Thru Fc Cls; Vine 4; Walk 2 picking up;

Part B

1-8 Diamond Trn 3/4 ;;; Bk Box to scar dlw; Cross Hover 3x to scp;;; Pickup Sd Cls cp lod;

9-14 Prog Box;; 2 LF Trns;; Hover scp; Thru Chasse bjo;

15-20 Fwd Fwd/Lk Fwd; Manu Sd Cls; 2 RF Trns;; Hvr scp; Thru Fc Cls;

Part C

1-6 Box;; Sd Tch & Rt Chasse; scp Rk Bk Rec Run 2; 2 Fwd Triples; Swivel 4;

5-8 Fwd Tch & Bk Triple; Rk Bk Rec to fc Sd Cls;

Part C

1-6 Box;; Sd Tch & Rt Chasse; scp Rk Bk Rec Run 2; 2 Fwd Triples; Swivel 4;

5-8 Fwd Tch & Bk Triple; Rk Rec Walk Pickup;

Part B (1-8)

1-8 Diamond Trn 3/4 ;;; Bk Box to scar dlw; Cross Hover 3x to scp;;; Pickup Sd Cls cp lod;

Part A

1-8 Fwd & Run 2; Manu Sd Cls; Spin Trn; Box Fin dlc; 2 LF Trns fc wall;; Whisk; Wing;

9-12 Trn LF & Chasse bjo; Imp scp; Fwd Hvr bjo; Bk Hvr scp;

13-16 Thru scp Chasse; Thru Fc Cls; Vine 4; Walk 2 picking up;

Ending

1-8 Diamond Trn dlc;;; 2 LF Trng to fc wall;; Slow Hover; Slow Chair & Hold;